



PRESSING TOWARD THE GOAL

MEN'S TRAINING CAMP 2022

Training to Win...Philippians 3:12-16

"I press toward the goal for the prize of the upward call of God in Christ Jesus."

Philippians 3:14 (NKJV)

Words of Wisdom

- "Only one passion in your life is worth your total commitment and pursuit: Loving Christ and serving Him. Don't disqualify yourself for the prize by quitting the race, running in the wrong direction, or breaking the rules. Run to win." ~Dr. Tony Evans
- "Winners are winners because they concentrate on one thing and let nothing distract them." ~Skip Heitzig

1. Why God's Man needs goals [MOTIVATION]

Scripture: Hebrews 12:1

- "let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us,"

2. Training to WIN [METHODOLOGY]

Scripture: 1st Corinthians 9:24-27

- "Run in such a way that you may obtain it. And everyone who competes for the prize is temperate in all things."
- Discipline...in everything!
- SMART goals to obtain perishable crowns, but we for an imperishable crown.

3. What and How a Godly man approaches goals [MINDSET]

Scripture: Philippians 3:12-16, 17, Matthew 6:19-21, 1st Corinthians 15:33

- Goal: Desiring to know Jesus more, be Christ-like. Sanctification.
- Attitude: Not satisfied, humble- not prideful. Available, Obedient. Conviction.
- Mindset: Not letting the past control you. Forward focus. Condemnation.
- Mentorship: Following the example of Godly men. Discipleship.

4. Testimony

Richard Ortiz

5. Reaching forward... 2023 challenges

Scripture: Matthew 28:16-20, 1st Corinthians 16:13-14

- Challenge 1:
- Challenge 2:
- Challenge 3:

Group Discussion

1. What stood out to you in tonight's message and scripture passages? *Be descriptive...*
2. Are you currently in the race?
 - If yes, what condition are you in? Are you running to win the race?
 - If no, what's stopping you from jumping in? Remember, while everyone must run their own race, a runner performs better when running alongside other runners pursuing the same goal. Read [Philippians 3:17](#).
 - Do you see any runners who are on the side of the path and in need of support?
3. What goals do you have for yourself in 2023? Consider your role as Man of God and those around you (wife, children, friends, coworkers, etc.)
 - If you're willing, share what you wrote as your "Challenge 3" in the front of the handout and discuss why it's important for you.
 - What practical steps will you implement to measure progress? (think of the SMART concept)
4. Was there anything in tonight's testimony that caused you to reflect on your journey? Share how
5. Is there anything from tonight's discussion that spoke to you personally? In what way(s) does it affect your life? How will you directly and specifically apply it in your life today?

Prayer

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

(It's great to know that other guys are praying for the important things in your life...and it's great to be praying for the important things in their lives!)

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?

Discuss your answer with your group...

- Prayer (*Relationship*)
- God's Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)