

The Blessed Man! ...*Psalm 1*

"Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the LORD, and on His law he meditates day and night."

...Psalm 1:1-2 (ESV)

1. The Blessed Man's Character and Choices...

Scripture... *Psalm 1:1*

- Walks not in the Counsel of the Wicked...
- Nor Stands in the Way of Sinners...
- Nor Sits in the Seat of Scoffers

2. The Blessed Man's Priority, Commitment, and Delight...

Scripture... *Psalm 1:2*

3. The Blessed Man's Life...

Scripture... *Psalm 1:3*

- Like a Tree Planted by Streams of Water...
- Yields its Fruit in its Season...
- It's Leaf does not Wither...
- All that he does, he Prosperes...

4. A Final Contrast...

Scripture... *Psalm 1:4-6*

Group Discussion

1. What stood out to you in tonight's message and scripture passages? ...*be descriptive!*
2. Take an honest look into the mirror of your life...Are you the man that is described in *Psalm 1:1-2*? ...*Explain*
 - What are the source(s) for Counsel, Wisdom, Learning, and Understanding in your life? ...*Explain Why!*
 - What environments and influences do you seek out in your life?
 - When you think about the various issues in life, personally to globally, do you find yourself standing firmly on God's Word and Biblical Standards...or seeking to understand and embrace various perspectives? ...*Explain*
3. READ *Proverbs 3:5-8* together... What does this tell you regarding your source for Counsel, Wisdom, Learning, and Understanding in your life?
 - Describe how this can practically be applied in your daily life...
4. In *Psalm 1:2* we see that a "blessed man's *delight* is in the *Law of the Lord*" (speaking of the *Word of God*). READ *Joshua 1:7-8, Psalm 119:9-11, and Proverbs 4:20-27* together... In what ways do these verses relate to *Psalm 1:2*?
5. *Psalm 1:3* describes the man who chooses to live his life according to God's Word, without compromise, and delights in learning, growing, and applying God's Word to every area of his life...
...Can you describe the mindset we need to have, and realistic steps that we can practically take to be that man?
6. Is there anything from tonight's discussion that spoke to you personally? In what way(s) does it affect your life? How will you directly and specifically apply it in your life today?

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

(It's great to know that other guys are praying for the important things in your life...and it's great to be praying for the important things in their lives!)

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?

Discuss your answer with your group...

- Prayer (*Relationship*)
- God's Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)