



## ***Your Response is Vital...BOA!***

### ***Quotes to Consider:***

- *You can't always control circumstances. However, you can always control your attitude, approach, and response...(Unknown)*
- *Our reaction to a situation literally has the power to change the situation itself...(Unknown)*

### **1. Breathe... Begin with Intentionality!**

Scripture... Proverbs 10:19; 13:3; 14:29; 17:27; 19:11; 29:20; James 1:19; Romans 14:19; Psalms 141:3

### **2. Organize...Bring it to The Lord!**

Scripture... 2 Corinthians 10:5; Philippians 4:6; 1 Thessalonians 5:17

### **3. Act...Respond with Confidence!**

Scripture... 1 John 5:14-15; Mark 11:24; Philippians 4:13

### **4. Biblical Example...What Not To Do!**

Scripture... Matthew 26:36-46; Mark 14:32-42; Luke 22:39-46; - (Garden of Gethsemane)

Scripture... Matthew 26:69-75; Mark 14:66-72; Luke 22:54-62; John 18:15-27 - (Peter's Denial)

# Discussion

1. What stood out to you in tonight's message and scripture passages? ...*be descriptive!*
2. As Men of God, our reaction to circumstances is vital to demonstrate the Love of Christ in us to the unbelieving world. Please share with your group a time when your reaction to a particular situation changed the situation for the better...or worse (*time to be vulnerable*). How did you feel about your response after the fact, and what would you have done different...if anything?
3. As discussed this evening, **BOA** has three steps to assist you when dealing with the many different circumstances we face throughout our day. **Breathe – Organize - Act**...of these three steps, which one do you feel you do well? Which one do you feel you struggle with the most? What are some ways you can improve on the steps you feel you struggle with the most?
4. **BOA** is a tool to be kept in your toolbox to use when the job calls for it. As you know, there are additional tools that can be used to accomplish the same job. Share with your group any tools (techniques) you have found to be an effective way to approach stressful or unexpected situations in a Christ like manner.
5. Is there anything from tonight's discussion that spoke to you personally? In what way(s) does it affect your life? How will you directly and specifically apply it in your life today?

---

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

*(It's great to know that other guys are praying for the important things in your life...and it's great to be praying for the important things in their lives!)*

---

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?

*Discuss your answer with your group...*

- Prayer (*Relationship*)
- God's Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)